



## *Speaking Series*

---

### **It's Your Movie: Create One Captivating Scene After Another**

What makes a great movie? Think about your favorite films and you're bound to see that they have some fundamental things in common like a compelling story, fascinating characters, an evocative setting and a powerful message. Don't you wish your life could be like that? As Carolyn Strauss explains, there's absolutely no reason it can't! Just as a film producer has the power to make a movie whatever he or she wants it to be, you have the control and vision to shape the life experience you want to have.

In this unique and interactive presentation, Carolyn applies the movie metaphor to your life, allowing you to see with striking clarity how to make decisions and choices that let your life unfold in a series of exciting and rewarding scenes. Step by step Carolyn reveals her elegant framework for the choices and decisions you make as your life's "producer." With Carolyn's guidance you will determine your movie's genre; establish the main character's motivation; choose a setting; select your co-stars; fill your movie with Oscar-winning moments; and learn how to listen to the critics with an open mind. In the process, Carolyn will inspire insights that will help you:

- Identify "success" for yourself
- Connect to your passions every day
- Acknowledge your natural talents and leverage them at every opportunity
- Affirm the meaning in your work and personal vision
- Act from your values and create boundaries that support you

---

### **It's Your Movie: Seeing Life through a Female Lens**

Women have come so far in the past 50 years. We are corporate executives, Presidents, executive assistants, mothers, volunteers, wives, partners... and we're exhausted! Why? Because along the way, the world kept insisting that in order to be a success in all of these roles, you had to compromise, if not totally sacrifice your femininity. In this inspirational and empowering presentation, Carolyn Strauss strips away this myth to reveal the uplifting truth: that embracing your femininity doesn't hinder your success, it fuels it.

Join Carolyn as she vividly walks you through a woman's life in the current paradigm and shares strategies for a new way of living, where being feminine allows you to do it all and have plenty of energy left for yourself. Let Carolyn show you in her uniquely engaging and heartfelt way how to:

- Access your power by using your natural feminine instincts
- Attract and accept support at work and in your personal lives
- Identify and address the energy drains that deplete your physical and emotional resources
- Experience passion and feel energized without fear of consequence

