

Carolyn Strauss

OPTIMAL OUTCOMES: COMMUNICATION THAT CREATES RESULTS



Topic: Optimal Life Tune Up: How do you know you have arrived if you did not know where you were going?

Description of Training:

Attendees will learn:

This ½ day interactive training will guide your focus to getting on the right path – the path which will take **you** to where you want to be. Your path may be tread professionally and/or personally as you explore those areas where success means fulfillment and uncover areas where success is just not be living up to your expectations.

Learner Outcomes:

- Discover how to reconcile what matters to you, with what matters to the people around you, and how to play a game where everybody wins.
- Assess and prioritize demands on your time to be most effective at work and at play.
- Set the kind of goals that will lead to genuine satisfaction, fulfillment, and acknowledgement at the moment of realization of each goal.
- Create a clear path for reaching your goals.
- Recognize moments of "Sympathetic magic" in your life and understand how they serve your intentions.

What is the most important information your target audience will take away from this presentation? Why do they need this information?

Members will leave with a personal and professional road map of their highlighted factors to be implemented in order to achieve fulfillment in their professional and personal lives.

Additional Information:

This session includes a power point presentation, interactive exercises and handouts.



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